

# THE RUDIMENTS:

## A Learning Sequence

INCLUDING: APPLICATION EXERCISES AND PROGRESS CHART

### Quadrant D

31. Triple Stroke Roll
32. Ten Stroke Roll
33. Eleven Stroke Roll
34. Inverted Flam Tap
35. Flam Drag
36. Flam Paradiddle-diddle
37. Drag Paradiddle #1
38. Drag Paradiddle #2
39. Double Ratamacue
40. Triple Ratamacue

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# THE RUDIMENTS:

## A Learning Sequence

Rudimental Learning Sequence by Dennis DeLucia  
Application/Progress Chart by Mark Wessels

### Quadrant D

31. TRIPLE STROKE ROLL

Musical notation for Triple Stroke Roll: A single staff in 4/4 time showing two measures. The first measure contains a triplet of eighth notes (R R R) followed by a triplet of eighth notes (L L L). The second measure contains a triplet of eighth notes (R R R) followed by a triplet of eighth notes (L L L). The notes are beamed together.

R R R L L L R R R L L L

Applied:

Applied musical notation for Triple Stroke Roll: A single staff in 4/4 time showing four measures. The first two measures each contain four groups of triplets (RRR, LLL, RRR, LLL). The last two measures each contain two groups of sextuplets (RRRLLL, LLLRRR). The notes are beamed together.

RRRL RRRL RRRL RRRL R LLLR LLLR LLLR L RRRLLLR LRRRLLLRL RRLLRRRLLLRRRLLLRL  
LLLRLLLR LLLR LLLR L LRRR L RRRR LRRR L LLLRRRLR LLLRRRLR LLRRRLLLRRRLLLRRRL

#### TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 - 65</i>	<i>m.m. = 70 - 85</i>	<i>m.m. = 90 - 105</i>	<i>m.m. = 110 - 125</i>	<i>m.m. = 130 - 145</i>

32. TEN STROKE ROLL

Musical notation for Ten Stroke Roll: A single staff in 4/4 time showing two measures. The first measure contains a ten-stroke roll (RRLRLRLRL) with accents. The second measure contains a ten-stroke roll (LLRRLRLRL) with accents. An 'or' indicates an alternative interpretation: a triplet of eighth notes (R) followed by a triplet of eighth notes (L) followed by a triplet of eighth notes (R) followed by a triplet of eighth notes (L).

RRLRLRLRL L RRLRLRLRL L R LR LR LR LR

LLRRLRLRL R LLRRLRLRL R L RL RL RL RL

#### Duple Interpretation

Applied:

Applied musical notation for Duple Interpretation: A single staff in 4/4 time showing four measures. The first two measures each contain two groups of eighth notes (RL, LR) with accents. The last two measures each contain two groups of eighth notes (RL, LR) with accents. The notes are beamed together.

R RL LR R RL LR R RL LR R RL LR

L LR RL L LR RL L LR RL L LR RL

#### TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 60 - 75</i>	<i>m.m. = 80 - 95</i>	<i>m.m. = 100 - 115</i>	<i>m.m. = 120 - 135</i>	<i>m.m. = 140 - 160</i>

#### Triple Interpretation

Applied:

Applied musical notation for Triple Interpretation: A single staff in 4/4 time showing four measures. The first two measures each contain two groups of triplets (RLR, LRL) with accents. The last two measures each contain two groups of triplets (RLR, LRL) with accents. The notes are beamed together.

RLR LRL RLR LRL RLR LRL RLR LRL

LRL RLR LRL RLR LRL RLR LRL RLR

#### TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 80 - 95</i>	<i>m.m. = 100 - 115</i>	<i>m.m. = 120 - 135</i>	<i>m.m. = 140 - 155</i>	<i>m.m. = 160 - 180</i>





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## A Learning Sequence

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38. DRAG PARADIDDLE #2

Musical notation for 38. DRAG PARADIDDLE #2. The notation is on a single staff with a treble clef and a 4/4 time signature. It consists of eight eighth-note pairs, each with a strong accent (>) on the first note. The notes are: R, LLR, LLR, L, R, R, L, RRL, RRL, R, L, L. The letters are placed below the notes.

Applied:

Applied musical notation for 38. DRAG PARADIDDLE #2. The notation is on a single staff with a treble clef and a 4/4 time signature. It consists of four measures of continuous eighth notes. The notes are: R L R L R R L R L R L L, R L R L R R L R L R L L, R L R L R R L L R L R L, R L R L R L R R L R L R L L. The letters are placed below the notes.

### TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 - 70</i>	<i>m.m. = 75 - 95</i>	<i>m.m. = 100 - 120</i>	<i>m.m. = 125 - 145</i>	<i>m.m. = 150 - 160</i>

39. DOUBLE RATAMACUE

Musical notation for 39. DOUBLE RATAMACUE. The notation is on a single staff with a treble clef and a 4/4 time signature. It consists of six eighth notes: LLR, LLR, L, R, L, RRL, RRL, R, L, R. The notes are: LLR, LLR, L, R, L, RRL, RRL, R, L, R. The letters are placed below the notes. There are triplets over the first two LLR pairs and the last two RRL pairs.

Applied:

Applied musical notation for 39. DOUBLE RATAMACUE. The notation is on a single staff with a treble clef and a 6/8 time signature. It consists of four measures of eighth notes. The notes are: R L R L R, L R L R L, R L R L R L R L R L, R L R L R L R L R L. The letters are placed below the notes.

### TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 35 - 45</i>	<i>m.m. = 50 - 60</i>	<i>m.m. = 65 - 75</i>	<i>m.m. = 80 - 90</i>	<i>m.m. = 95 - 105</i>

40. TRIPLE RATAMACUE

Musical notation for 40. TRIPLE RATAMACUE. The notation is on a single staff with a treble clef and a 4/4 time signature. It consists of six eighth notes: LLR, LLR, LLR, L, R, L, RRL, RRL, RRL, R, L, R. The notes are: LLR, LLR, LLR, L, R, L, RRL, RRL, RRL, R, L, R. The letters are placed below the notes. There are triplets over the first three LLR pairs and the last three RRL pairs.

Applied:

Applied musical notation for 40. TRIPLE RATAMACUE. The notation is on a single staff with a treble clef and a 4/4 time signature. It consists of four measures of eighth notes. The notes are: R L R L R L R, L R L R L R L, R L R L R L R L R L, R L R L R L R L R L. The letters are placed below the notes.

### TRACK YOUR PROGRESS:

BRONZE	SILVER	GOLD	PLATINUM	DIAMOND
<i>m.m. = 50 - 60</i>	<i>m.m. = 65 - 75</i>	<i>m.m. = 80 - 95</i>	<i>m.m. = 100 - 115</i>	<i>m.m. = 120 - 135</i>